



SANDOWN ROCKS
ISLE OF WIGHT CLIMBING



THE BAY
OF NEWTON

SANDOWN ROCKS
ISLE OF WIGHT CLIMBING

2025 INFORMATION

WWW.SANDOWNROCKS.CO.UK

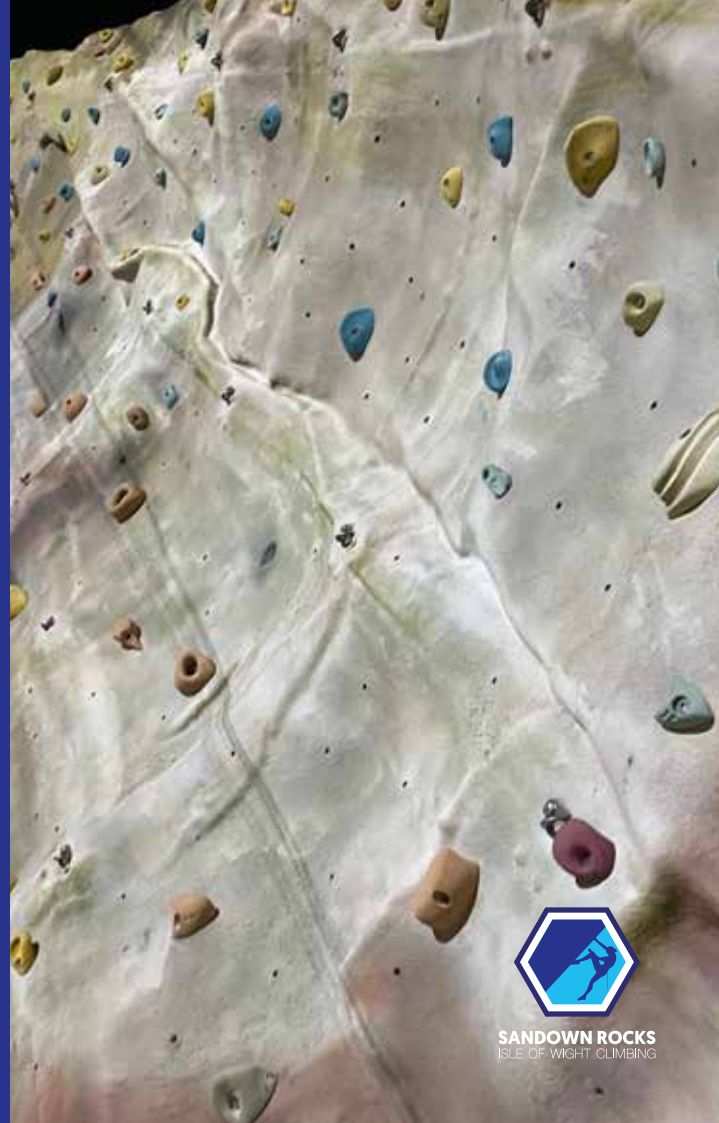
WALL

Sandown Rocks offers two very different walls.

1. The Spinaker wall stands 12 meters high and can be climbed from both sides, set climbs are available from 4a to 7a+ in difficulty.

2. The Sail Wall offers bouldering, challenging climbs and 'The Hole', a feature that is likely to become a focal point of your session.

86 individual routes and endless bouldering challenges await you.



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SAFETY

Sandown Rocks uses PETZL climbing safety products. We provide all equipment: harnesses, carabiners, ropes & helmets.

We can accommodate:

16 children of primary school age.

16 adult climbers

Sessions are led by our instructors at a ratio of 4 climbers to 1 instructor.

Climbers should wear close fitting apparel, training shoes or climbing footwear.

Hair should be tied back

All instructor led climbing is TOP ROPE.



SESSIONS

Sandown Rocks is open to the public 5pm-10pm weekdays and from 9am -10pm weekends and during school holidays.

Please arrive at The Bay CE School, The Fairway, Sandown, Isle of Wight. PO36 9JH, 15 minutes before your session starts.

You will be met by your instructors and asked to sign waiver forms. Your instructors will issue harnesses and helmets and provide a full safety briefing.

Your instructors will have set ropes on the walls in advance of your arrival.

You will learn to climb, belay, manage ropes safely and to coach climbers identifying foot and hand holds for them... it's a team effort!



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BOOKING

We offer:

'ROCKSTARS' Jr Climbing: Saturday 10am-12pm

£12.50pp. Instructor led session.

Book via website: www.sandownrocks.co.uk

Adult Climbing: Wednesday 7pm-9pm

£12.50pp. Instructor led session.

Book via website: www.sandownrocks.co.uk

Group Sessions

Up to 16 climbers per 2 hour session.

Book in advance. Instructors on 4-1 ratio.

£15.00pp

Book via website: www.sandownrocks.co.uk

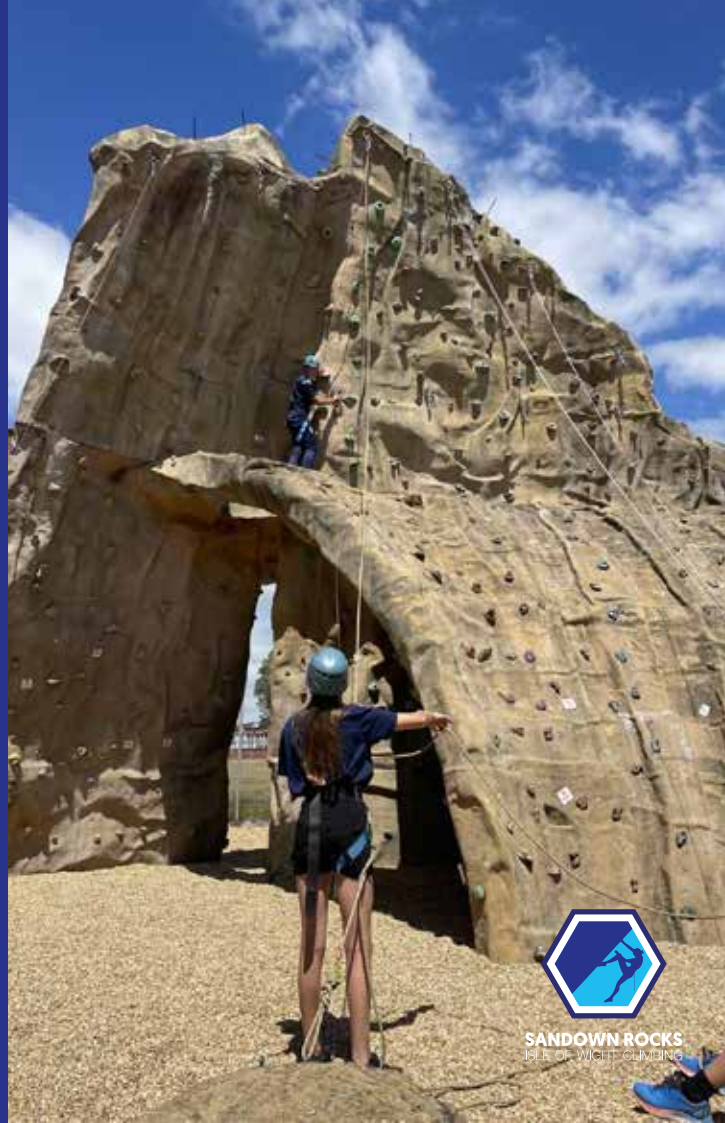
Birthday Parties

Up to 16 climbers per 2 hour session.

Book in advance. Instructors on 4-1 ratio.

£15.00pp

Book via website: www.sandownrocks.co.uk



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INDEPENDENT CLIMBERS

Climbers seeking to climb Independently will undertake an assessment with a senior Sandown Rocks instructor before approval is granted.

Climbers must demonstrate a comprehensive knowledge of safe belaying, knot tying & climbing technique.

Independent climbers will be required to use personal climbing equipment.

Independent climbers use the Sandown Rocks facility at their own risk.

Independent climbing is £12.50pp.
Book via website: www.sandownrocks.co.uk



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KEY ROUTES



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LINE	GRADE	COLOUR	NAME	NOTE	
■	1	4a	GREEN	HELLO	
■	1	4a	YELLOW	MEDINA	
■	2	4a	RED	BURKE	
■	2	4a	YELLOW	LAWRIE	
■	3	4a	RED	CHIT CHAT	
■	3	4a	BLUE	FLEUR BLURR	
■	6	4a	RED	MANANA	
■	7	4a	BLUE	CARISBROOKE	
■	7	4a	BLUE	ZULU	FEET ON FEATURES
■	7	4a	BEIGE	SALMON	
■	7	4a	FEATURES	GROOVEY	BOTH GROOVES
■	11	4a	YELLOW	YELLOW MELLOW	
■	12	4a	BEIGE	COCKLESHELL	
■	14	4c	GREEN	MERMAID	
■	14	5a	GREEN/PURPLE	CRANFIELDSTYLE	FEET/PURPLE-HANDS/GREEN
■	14	5b	GREEN/PURPLE	JELLY TOTS	FEET/GREEN-HANDS PURPLE
■	6	4b	RED	BOY	FEET ON FEATURES ONLY
■	7	4b	BLUE	PLUTO	HANDS ON FEATURES ONLY
■	7	4b	BEIGE	ROCKEYE	FEET ON FEATURES ONLY
■	10	4b	PURPLE	CARDINAL	

RECORD YOUR CLIMBING JOURNEY - 4a to 7a+ in difficulty. All routes graded as lead climbs

LINE	GRADE	COLOUR	NAME	NOTE	
■	2	4b	RED	DB	RED HANDS ONLY, FEET FEATURES
■	6	4c	YELLOW	ROSCOE	FEET FEATURES ONLY
■	6	4c	RED	BOY OH BOY	HANDS ON FEATURES ONLY
■	6	4c	YELLOW	TCOSY	
■	6	4c	YELLOW	MACCA PUCCA	HANDS ON BOLT ONS/FEET ON FEATURES
■	7	4c	FEATURES ONLY	JAMMIN	GROOVE ONLY
■	7	4c	BEIGE	HALIBUT	HANDS ON FEATURES ONLY
■	7	4c	FEATURES ONLY	GRAVEY	FEET/RIGHT HAND GROOVE
■	7	4c	FEATURES ONLY	GRUEL	FEET IN MIDDLE GROOVE-HANDS OUTSIDE
■	12	4c	FEATURES ONLY	GRUNGY	FEET IN LEFT HAND GROOVE-HANDS OUTSIDE
■	8	4c+	BEIGE	CD ROM	BEIGE AND FEATURES
■	3	5a	YELLOW	NITTY GRITTY	FEET ON FEATURES
■	2	5a	RED	BLOODED	FEET ON FEATURES.HABDS FIRST FEATURE
■	4	5a	RED	BLACK CROWE	FEET ON FEATURES
■	4	5a	YELLOW	B MOVIE	FEATURES IN MIDDLE 3RD.
■	4	5a	PURPLE	RODDERS	
■	9	5a	PINK	DELTOID DELIGHT	
■	10	5a	RED	HARWOOD	
■	11	5a	GREEN	THE MASK	
■	12	5a	YELLOW	YELLOW SMELLOW	FEET ON FEATURES
■	12	5a	BEIGE	CD	BEIGE HANDS ONLY/FEET FEATURES
■	13	4b	GREY	LICORICE ALLSORTS	MIXED ROUTE
■	14	5a	BLUE	OSBOURNE	
■	16	5a	GREY	EXPOSE	
■	8	5a	GREY	GLAD TO BE GREY	
■	8	4a	PURPLE	CHIEF SNEAK	

LINE GRADE	COLOUR	NAME	NOTE	
■ 8	4a	PURPLE	PIERCING YOU	FEATURES TOO
■ RHW	5a	BEIGE	BAGGY TROUSERS	BOLTS ON + FEATURES
■ 3	5a+	RED	CHIT	FEET ON FEATURES
■ 8	5a+	YELLOW	TRUE GRIT	
■ 4	5a+	RED	MONOPED	
■ 10	4b	PURPLE	POOP	FEET ON FEATURES
■ 12	5a+	PURPLE	PAPAL SEAL	
■ 23	5a+	RED	RUM	TOP ROPE ONLY
■ 5	5b	BLUE	ODE TO JOY	
■ 5	5b	GREEN	BRIDGE OF DOOM	
■ 9	5a	BEIGE	NIGGLE	
■ 9	5b	BEIGE	BILLY	FEET ON FEATURES TOO
■ 10	5b	GREEN	UNMASKED	FEET ON FEATURES ONLY
■ 12	5b	PURPLE	BIDDERS	FEET ON FEATURES ONLY
■ 13	5b	BLUE	GRANT WHO?	FEET ON FEATURES ONLY
■ 14	5b	GREEN	ZANIES	FEET ON FEATURES ONLY
■ 14	5b+	PURPLE	JINK	
■ 15	5b	RED	TWISTER	
■ 17	5b	GREEN	CONNORENDRUM	
■ 18	5b	YELLOW	SARUMAN	
■ 19	5b	BEIGE	OOOH!	
■ 21	5b	GREY	HANDY ANDY	
■ 22	5b	YELLOW	BELLOW	TOP ROPE ONLY
■ 2	5b+	FEATURES	HEEHEE	
■ 3	5b+	FEATURES	HOOHOO	RIGHT OF BOLTS
■ 7	5b+	FEATURES	MARMALADE	GROOVE ONLY, NOTHING OUTSIDE

LINE GRADE	COLOUR	NAME	NOTE
■ 8	5b+	FEATURES ONLY NEEDLES	NOTHING LEFT FROM CHAIN P/ LINES FEET ON FEATURES
■ 9	5b+	BEIGE WIGGLE	
■ 12	5b+	BEIGE CDD	
■ 12	5b+	PURPLE ALLEZ	BEIGE HANDS FEET ON FEATURES FEET ON FEATURES
■ 21	5b+	BEIGE DYN0 SOAR	
■ 3	5c	FEATURES ONLY QUERK	LEFT OF BOLTS
■ 8	5c	YELLOW EGRIT	HANDS ON FEATURES
■ 12	5c	GREY TICKLISH ALLSORTS	FEET ON FEATURES/HANDS MIXED
■ 23	5c	GREEN ARGGI	TOP ROPE ONLY
■ RHW	5c	BEIGE WITCH	note 1 - BELOW
■ RHW	5c	RED OLE	
■ 11	5c+	FEATURES ONLY SMOOCH	
■ RHW	5c+	BEIGE SWITCH	note 2 - BELOW
■ 17	5c+	GREEN CONNORS	FEET ON FEATURES
■ 14	6a	FEATURES ONLY DUTCH HOLIDAY	ON MAIN FACE ONLY
■ 14	6b	FEATURES ONLY CHRISIS	ARRETTE ROUTE
■ 23	6b+	BLUE ROYAL BLOOD	Boulder START THEN TOP ROPE
■ 20	7a	BLUE BELLS BLUES	
■ 20	7a+	YELLOW SAURON	
		CAVE BOULDERING	
■	BLUE	EGYPTIAN	
■	GREY	REACH FOR THE SKY	
■	BEIGE	PANTS	
■	BEIGE	TIGHTS	

1, FEET ON FEATURES FOR 1ST HALF -
ADD 4TH BEIGE HOLE UP.

2. FEET ON FEATURES 1ST HALF/HANDS
ON BOLT ONS THEN SWITCH

MERCH



MERCHANDISE AVAILABLE AT: WWW.SANDOWNROCKS.CO.UK



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FESTIVAL
www.bayfestival.com